

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>January</h1> <p><i>Happy New Year!</i></p>		New Year's Day 1 09:00 Walking Club (L) 09:30 Communion (TV) 10:00 Stretch into the New Year (AR) 10:30 Healthy Hydration (AR) 01:00 New Year's Day Social (AR) 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	Cream Puff Day 2 09:00 Walking Club (L) 10:00 Stretch & Hydration (AR) 10:30 Bible Study (AR) 01:00 Afternoon Stroll (L) 02:00 Resident Council Meeting (AR) 03:00 Sweet Treats and Chat (AR) 07:00 Night Time Snack (AR)	3 09:00 Walking Club (L) 10:00 Chair Yoga (AR) 10:30 Healthy Hydration (AR) 11:00 Pet Therapy w/ the Kittens (AR) 02:00 BINGO (AR) 03:30 Rummikub (AR) 07:00 Night Time Snack (AR)	4 09:00 Walking Club (L) 10:00 Morning Exercise (AR) 10:30 Healthy Hydration (AR) 11:00 Hand & Nail Spa (AR) 02:00 PapaGirls Jewelry Show (L) 03:30 RC Officers' Meeting (TV) 07:00 Night Time Snack (AR)	5 09:00 Walking Club (L) 10:00 Sit n Be Fit Exercises (AR) 10:30 Healthy Hydration (AR) 02:00 Rummikub (TV) 03:00 Snack Break (AR) 04:00 Patio Stroll (OT) 07:00 Night Time Snack (NS)
6 09:00 Walking Club (L) 10:00 Worship Hour on Ch. 14 (TV) 01:00 Leisure Reading (AR) 02:00 Movie Matinee (TV) 03:00 Snack Break (AR) 04:00 Rummikub (AR) 07:00 Night Time Snack (NS)	7 09:00 Walking Club (L) 10:00 Rockin' 50's Fitness (AR) 10:30 Hydration Station (AR) 11:00 iN2L Family Feud Game (AR) 02:00 Jonathan Brady Performs (L) 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	8 09:00 Walking Club (L) 09:30 Communion (TV) 10:00 Shopping Trip: Thriftstore (L) 10:00 Stretch & Hydration (AR) 02:00 BINGO (AR) 03:30 Prayer Circle (AR) 07:00 Night Time Snack (AR)	9 09:00 Walking Club (L) 10:00 Stretch & Hydration (AR) 10:30 Bible Study (AR) 01:00 Afternoon Stroll (L) 02:00 Sherrie Plays the Piano (DR) 03:00 Milkshake Social (AR) 07:00 Night Time Snack (AR)	10 09:00 Walking Club (L) 10:00 Silver Sneakers YOGA (AR) 10:30 Healthy Hydration (AR) 11:00 \$5.00 Lunch Bunch & BINGO at Holy Cross Lutheran Church (L) 03:30 Rummikub (AR) 07:00 Night Time Snack (AR)	11 09:00 Walking Club (L) 10:00 Morning Exercise (AR) 10:30 Healthy Hydration (AR) 11:00 Hand & Nail Spa (AR) 02:00 Creative Arts: Painting (AR) 03:30 iN2L Classical Music (AR) 07:00 Night Time Snack (AR)	12 09:00 Walking Club (L) 10:00 Sit n Be Fit Exercises (AR) 10:30 Healthy Hydration (AR) 02:00 Rummikub (TV) 03:00 Snack Break (AR) 04:00 Patio Stroll (OT) 07:00 Night Time Snack (NS)
13 09:00 Walking Club (L) 10:00 Worship Hour on Ch. 14 (TV) 01:00 Leisure Reading (AR) 02:00 Movie Matinee (TV) 03:00 Snack Break (AR) 04:00 Rummikub (AR) 07:00 Night Time Snack (NS)	14 09:00 Walking Club (L) 10:00 Salsa Chair Aerobics (AR) 10:30 Hydration Station (AR) 01:30 Sr. Education w/Nurse Ann (L) 02:30 Fun w/ Edible Art Making (AR) 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	15 09:00 Walking Club (L) 10:00 Catholic Mass (TV) 10:30 Stretch & Hydration (AR) 11:15 Lunch Trip: Olive Garden (L) 02:00 BINGO (AR) 03:30 Prayer Circle (AR) 07:00 Night Time Snack (AR)	16 09:00 Walking Club (L) 10:00 Stretch & Hydration (L) 10:30 Bible Study (AR) 01:00 Afternoon Stroll (L) 02:00 Ice Cream Social (AR) 03:00 January Fun Facts (AR) 07:00 Night Time Snack (AR)	17 09:00 Walking Club (L) 10:00 Chair Yoga / Hydration (AR) 11:00 Pet Therapy w/ the Kittens (AR) 02:00 January Birthday Party w/ Eric Hall on the Piano (DR) 03:30 Rummikub (AR) 07:00 Night Time Snack (AR)	18 09:00 Walking Club (L) 10:00 Morning Exercise (AR) 10:30 Healthy Hydration (AR) 11:00 Hand & Nail Spa (AR) 01:45 Trip: Mystery Bus Ride (L) 03:30 RC Officers' Meeting (TV) 07:00 Night Time Snack (AR)	19 09:00 Walking Club (L) 10:00 Sit n Be Fit Exercises (AR) 10:30 Healthy Hydration (AR) 02:00 Rummikub (TV) 03:00 Snack Break (AR) 04:00 Patio Stroll (OT) 07:00 Night Time Snack (NS)
20 09:00 Walking Club (L) 10:00 Worship Hour on Ch. 14 (TV) 01:00 Leisure Reading (AR) 02:00 Movie Matinee (TV) 03:00 Snack Break (AR) 04:00 Rummikub (AR) 07:00 Night Time Snack (NS)	Dr. Martin Luther King Day 21 09:00 Walking Club (L) 10:00 Sounds of the 60s Fitness (AR) 10:30 Hydration Station (AR) 11:00 MLK History & Facts (AR) 02:00 Inspiration Music w/ Dena (L) 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	22 09:00 Walking Club (L) 09:30 Communion (TV) 10:00 Stretch & Hydration (AR) 10:00 Shopping Trip: Dollar Tree (L) 02:00 BINGO (AR) 03:30 Prayer Circle (AR) 07:00 Night Time Snack (AR)	National Pie Day 23 09:00 Walking Club (L) 10:00 Stretch & Hydration (AR) 10:30 Bible Study (AR) 01:00 Afternoon Stroll (L) 02:00 Weird But True Facts (AR) 03:00 Cherry Pie & Chit Chat (AR) 07:00 Night Time Snack (AR)	24 09:00 Walking Club (L) 10:00 Silver Sneakers Classic (AR) 10:30 Healthy Hydration (AR) 11:00 Karaoke Sing-A-Longs (AR) 02:00 JACKPOT B-I-N-G-O ! (AR) 03:30 Rummikub (AR) 07:00 Night Time Snack (AR)	25 09:00 Walking Club (L) 10:00 Morning Exercise (AR) 10:30 Healthy Hydration (AR) 11:00 Hand & Nail Spa (AR) 02:00 Creative Arts: Painting (AR) 03:30 iN2L Relaxation Music (AR) 07:00 Night Time Snack (AR)	26 09:00 Walking Club (L) 10:00 Sit n Be Fit Exercises (AR) 10:30 Healthy Hydration (AR) 02:00 Prayer & Share Fellowship w/ New Horizon Church (AR) 03:00 Snack Break (AR) 07:00 Night Time Snack (NS)
27 09:00 Walking Club (L) 10:00 Worship Hour on Ch. 14 (TV) 01:00 Leisure Reading (AR) 02:00 Movie Matinee (TV) 03:00 Snack Break (AR) 04:00 Rummikub (AR) 07:00 Night Time Snack (NS)	28 09:00 Walking Club (L) 10:00 Jazzercise Aerobics (AR) 10:30 Hydration Station (AR) 11:00 Men's Club w/ Mike (L) 02:00 Chef's Corner Meeting (AR) 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	29 09:00 Walking Club (L) 09:30 Communion (TV) 10:00 Stretch & Hydration (AR) 11:00 Lunch Trip: Steak n Shake (L) 02:00 BINGO (AR) 03:30 Prayer Circle (AR) 07:00 Night Time Snack (AR)	Croissant Day 30 09:00 Walking Club (L) 10:00 Stretch & Hydration (AR) 10:30 Bible Study (AR) 01:00 Afternoon Stroll (L) 02:00 Residents' Pics Review (AR) 03:00 Croissants & Chit Chat (AR) 07:00 Night Time Snack (AR)	31 09:00 Walking Club (L) 10:00 Chair Yoga (AR) 10:30 Healthy Hydration (AR) 11:00 iN2L Love Songs (AR) 02:00 Butterbean Auction (AR) 03:30 Rummikub (AR) 07:00 Night Time Snack (AR)	Location Key: AR - Activities Room TV - TV Room * DR - Dining Room L - Lobby * RC - Resident Council iN2L - It's Never Too Late Computer * Activities are Subject to Change *	



MAGNOLIA MANOR
DAYTONA BEACH
ASSISTED LIVING