

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="font-size: 4em; margin: 0;">February</h1>				Location Key: AR - Activities Room TV - TV Room * DR - Dining L - Lobby * RC - Resident Council iN2L - It's Never Too Late Computer + 'Silver Sneakers Classic' is taught by a certified YOGA * Activities are Subject to Change *	Black History Month 09:00 Walking Club (OT) 10:00 Morning Exercise (AR) 10:30 Healthy Hydration (AR) 11:00 Hand & Nail Spa (AR) 02:00 Creative Arts: Creativity (AR) 03:30 iN2L Romance Music (AR) 07:00 Night Time Snack (AR)	1 09:00 Walking Club (L) 10:00 Sit n Be Fit Exercises (AR) 10:30 Healthy Hydration (AR) 02:00 Rummikub (TV) 03:00 Snack Break (AR) 04:00 Patio Stroll (OT) 07:00 Night Time Snack (NS)
3 09:00 Walking Club (L) 10:00 Worship Hour on Ch. 14 01:00 Leisure Reading (AR) 02:00 Relaxation by the Fireplace 03:00 Snack Break (AR) 04:00 Rummikub (AR) 07:00 Night Time Snack (NS)	4 09:00 Walking Club (L) 10:00 Rockin' 50's Fitness (AR) 10:30 Hydration Station (AR) 11:00 iN2L Family Feud Game (AR) 02:00 Jonathan Brady Performs (L) 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	5 09:00 Walking Club (OT) 09:30 Communion (TV) 10:00 Stretch & Hydration (AR) 11:15 Lunch Trip: Cheddar's Kitchen 02:00 BINGO (AR) 03:30 Prayer Circle (TV) 07:00 Night Time Snack (AR)	6 09:00 Walking Club (L) 10:00 Stretch & Hydration (AR) 10:30 Bible Study w/ Dan & Randy 01:00 Afternoon Stroll (L) 02:00 Resident Council Meeting 03:00 Sweet Treats and Chit Chat 07:00 Night Time Snack (AR)	7 09:00 Walking Club (L) 10:00 Chair Yoga (AR) 10:30 Healthy Hydration (AR) 11:00 Pet Therapy w/ the Kittens 02:00 BINGO (AR) 03:30 Rummikub (AR) 07:00 Night Time Snack (AR)	8 09:00 Walking Club (OT) 10:00 Stretch & Hydration (AR) 11:00 Hand & Nail Spa (AR) 02:00 'Leap of Faith' Dollar Store Everything is just \$1.00 (AR) 03:30 iN2L 1970's Music (AR) 07:00 Night Time Snack (AR)	9 09:00 Walking Club (L) 10:00 Sit n Be Fit Exercises (AR) 10:30 Healthy Hydration (AR) 02:00 Rummikub (TV) 03:00 Snack Break (AR) 04:00 Patio Stroll (OT) 07:00 Night Time Snack (NS)
10 09:00 Walking Club (L) 10:00 Worship Hour on Ch. 14 01:00 Leisure Reading (AR) 02:00 Relaxation by the Fireplace 03:00 Snack Break (AR) 04:00 Rummikub (AR) 07:00 Night Time Snack (NS)	Peppermint Patty Day 11 09:00 Walking Club (L) 10:00 Salsa Chair Aerobics (AR) 10:30 Hydration Station (AR) 01:30 Sr. Education w/Nurse Ann 02:30 Fun w/ Edible Art Making 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	12 09:00 Walking Club (OT) 09:30 Communion (TV) 10:00 Stretch & Hydration (AR) 10:00 Trip: Wal-Mart Shopping (L) 02:00 BINGO (AR) 03:30 Prayer Circle (TV) 07:00 Night Time Snack (AR)	13 09:00 Walking Club (L) 10:00 Stretch & Hydration (AR) 10:30 Bible Study w/ Dan & Randy 01:00 Afternoon Stroll (L) 02:00 Sherrie Plays the Piano (DR) 03:00 Ice Cream Social (AR) 07:00 Night Time Snack (AR)	Valentine's Day 14 09:00 Walking Club (L) 10:00 Silver Sneakers YOGA (AR) 10:30 Healthy Hydration (AR) 02:00 Valentine's Day Social w/ Forgiven Way Entertainment 03:30 R.C. Officer's Meeting (AR) 07:00 Night Time Snack (AR)	Creative Romance Month 15 09:00 Walking Club (OT) 10:00 Morning Exercise (AR) 10:30 Healthy Hydration (AR) 11:00 Hand & Nail Spa (AR) 02:00 Creative Arts: Painting (AR) 03:30 iN2L Romance Music (AR) 07:00 Night Time Snack (AR)	16 09:00 Walking Club (L) 10:00 Sit n Be Fit Exercises (AR) 10:30 Healthy Hydration (AR) 02:00 Rummikub (TV) 03:00 Snack Break (AR) 04:00 Patio Stroll (OT) 07:00 Night Time Snack (NS)
17 09:00 Walking Club (L) 10:00 Worship Hour on Ch. 14 01:00 Leisure Reading (AR) 02:00 Relaxation by the Fireplace 03:00 Snack Break (AR) 04:00 Rummikub (AR) 07:00 Night Time Snack (NS)	President's Day 18 09:00 Walking Club (L) 10:00 Sounds of the 60s Fitness 10:30 Hydration Station (AR) 11:00 President's Day History (AR) 02:00 Inspiration Music w/ Dena 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	19 09:00 Walking Club (L) 09:30 Communion (TV) 10:00 Stretch & Hydration (AR) 11:15 Lunch Trip: Dairy Queen (L) 02:00 BINGO (AR) 03:30 Prayer Circle (TV) 07:00 Night Time Snack (AR)	Cherry Pie Day 20 09:00 Walking Club (L) 10:00 Stretch & Hydration (L) 10:30 Bible Study w/ Dan & Randy 01:00 Afternoon Stroll (L) 02:00 Cherry Pie a la Mode Social 03:00 February Fun Facts (AR) 07:00 Night Time Snack (AR)	21 09:00 Walking Club (L) 10:00 Chair Yoga / Hydration (AR) 11:00 Pet Therapy w/ the Kittens 02:00 January Birthday Party w/ Eric Hall on the Piano 03:30 Rummikub (AR) 07:00 Night Time Snack (AR)	22 09:00 Walking Club (OT) 10:00 Stretch & Hydration (AR) 11:00 Hand & Nail Spa (AR) 01:15 Free Friday Flick at the Daytona Beach Library (L) 03:30 iN2L 1960's Music (AR) 07:00 Night Time Snack (AR)	23 09:00 Walking Club (L) 10:00 Sit n Be Fit Exercises (AR) 10:30 Healthy Hydration (AR) 02:00 Prayer & Share Fellowship w/ New Horizon Church (AR) 03:00 Snack Break (AR) 07:00 Night Time Snack (NS)
24 09:00 Walking Club (L) 10:00 Worship Hour on Ch. 14 01:00 Leisure Reading (AR) 02:00 Relaxation by the Fireplace 03:00 Snack Break (AR) 04:00 Rummikub (AR) 07:00 Night Time Snack (NS)	25 09:00 Walking Club (L) 10:00 Dancing to the Oldies (AR) 10:30 Hydration Station (AR) 11:00 Men's Club w/ Mike (L) 02:00 Nutritional Info w/ Chef Mike 03:30 Table Games (AR) 07:00 Night Time Snack (AR)	26 09:00 Walking Club (L) 09:30 Communion (TV) 10:00 Stretch & Hydration (AR) 10:00 Shopping Trip: Family Dollar 02:00 JACKPOT B-I-N-G-O ! (AR) 03:30 Prayer Circle (AR) 07:00 Night Time Snack (AR)	Strawberry Day 27 09:00 Walking Club (L) 10:00 Stretch & Hydration (AR) 10:30 Bible Study w/ Dan & Randy 01:00 Afternoon Stroll (L) 02:00 Monthly Pics Review (AR) 03:00 Strawberries & Cream Ice 07:00 Night Time Snack (AR)	28 09:00 Walking Club (L) 10:00 Silver Sneakers Classic (AR) 10:30 Healthy Hydration (AR) 11:00 Karaoke Sing-A-Longs (AR) 02:00 Butterbean Auction (AR) 03:30 R.C. Officer's Meeting (AR) 07:00 Night Time Snack (AR)	 <p style="font-size: 2em; color: red; font-family: cursive;">Happy Valentine's Day</p> <p>MAGNOLIA MANOR DAYTONA BEACH ASSISTED LIVING</p>	